

## AN ATTITUDE FAST - 21 Days January 2010

Dear Ones:

In obedience to what the Lord is speaking to us at this time we invite you to join with us in a **21- Day Attitude Fast**. In Isaiah 58 God speaks of a “chosen fast”; a fast that is pleasing and acceptable to Him. It is not a fasting of food so much as it is a fasting of attitudes. As we refrain or fast from certain mindsets and attitudes, then blessings will overtake us. Specifically, the promises that He declares in **Isaiah 58:6-14**.

Wonderful things such as:

- Your health springing forth
- His righteousness making the way before you
- Continual guidance by His Spirit
- And the ability to build and create in the midst of what seems to appear as utter chaos.

Just to name a few.

I submit to you the terms of this fast and ask that you prayerfully consider joining with us in this **21-Day Attitude Fast**. We are beginning a New Year. There’s never a better time than this than to consider and put in practice a “Lifestyle” change. We will observe this fast during the weekdays of January 2010 with the goal of incorporating it into our lives throughout the entire year.

## AN ATTITUDE FAST - 21 Days – January 2010

**Week #1 – Read these scriptures:**

**Ezekiel 28; Isaiah 14; and Zachariah 3 & 4**

ASK THE LORD THE FOLLOWING:

1. Show me what wealth has been hidden from me!
2. What is the Sound of Deliverance that is within me?

Stand up in the midst of your situation and say, “ENOUGH IS ENOUGH!”

Make a list of everything that is hindering you.

SHOUT “GRACE” 8 (eight) times to every hindrance and DECLARE that you will see the portion of your wealth in God that has been hidden.

**Week #2 – Read these scriptures:**

**Psalm 16; Isaiah 60; Eph 4:25 – 5:21**

1. Get up and encourage yourself by singing or chanting a spiritual song. See yourself putting on garments of Glory – take off sadness, depression, and downcast thoughts with your mouth and put on Glory! Sing it! Sing it on yourself!
2. Memorize two key scriptures in Ephesians.
3. Say and ask the Lord “Lord show me my new portion that you have for me”, then write it down.

**Week #3 – Read these scriptures:**

**Numbers 23 (especially verse 21)**

SHOUT 7 (seven) times against false altars that have been built against your life and watch the blessings of the Lord open up over you.

Begin to say:

1. You are highly favored
2. People love you – see God in you – want to be a part of what you are doing.

**Read: Matthew 21; Mark 11:10; John 12:13**

Then SING UNTO THE LORD “I know you have gone before me and I am delivered!

**Read these scriptures:**

**John 14:12 (NIV)**

I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father.

**Mark 16:17-18 (NIV)**

And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues;

They will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."

**1 John 4:4 (NIV)**

You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.

**Philippians 4:13**

I can do everything through him who gives me strength.

**John 14:14 (NIV)**

You may ask me for anything in my name, and I will do it.

**1 Corinthians 2:15 (NIV)**

The spiritual man makes judgments about all things, but he himself is not subject to any man's judgment:

**Romans 8:9 (NIV)**

You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ

**Matthew 16:19 (NIV)**

I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

Here is an opportunity for us to come into the unity of His Spirit and to raise up a standard internationally in the midst of this present world condition. God is clearly speaking that we, His People, have the ability and power to change the world.

God bless you

Dr. Clarice

21-Day Attitude Fast- Dr. Clarice Fluitt